

The Minster Challenge

Held under Association of Running Clubs (ARC) Rules.



Part of the East Devon Community Race Series

THE CHALLENGE 10.00 am – A multi-terrain run of approximately 12km including country lanes, uneven footpaths, fields, streams and wooded areas. Expect plenty of mud! **MINIMUM AGE 17.**

5K RUN 10.10 am – A run of approximately 5km for the over 11's and for those adults who would like a less demanding run - comprising of the first and last part of The Challenge.

For all races meet at Axe Valley Academy Race HQ, **Lyme Road** entrance in Axminster, Devon. Use SAT NAV EX13 5AZ

DETAILS – CAPITAL LETTERS PLEASE

SURNAME **FIRST NAME**

MALE/FEMALE **DOB**

ADDRESS

POST CODE **TEL NO**

CLUB OR SCHOOL (For Axe Valley Academy Students add tutor group as well).....

E-MAIL

Please tick this box if you are happy for us to contact you about this race and future Minster Challenge Events:

EVENT ENTERED: MINSTER12K/5K RUN (Please circle)

ENTRY FEES – Amount enclosed £

Minster 12K

On the day: £12 (£10 affiliated to ARC or UKA)

In Advance: £10 (£8 affiliated to ARC or UKA)

Minster 5K

On the day: Adults £5, Children 11-16 £3

12K & 5k payment in advance on-line at www.fullonsport.com/event/mc2019 or return the completed application form and payment to Axe Valley Academy, Chard Rd, Axminster, EX13 5EA by Thursday 3rd October. Forms and payment can also be handed in at the school reception during school hours. Cheques payable to Axe Valley PTFA. Terms & Conditions (including detailed race rules can be found at our full on sport website page).

Disclaimer: I agree to abide by the rules of the race as set out by the Association of Running Clubs (ARC) and the organisers. I am medically fit and understand that I enter at my own risk. I also understand that the organisers will not be held responsible for any injury or illness incurred as a result of the event or to the loss or damage of any property during the race. I will not use or wear headphones of any description throughout the duration of the race. If, due to adverse weather and Coastguard advice this event is cancelled, or if I am unable to attend, no refund can be given.

Full race rules available on request and on the school website.

By entering the race you agree to your photograph being used by the official race photographer and by the media. If you do not wish to be photographed please speak to the Race Director prior to the race starting or email minster@axevalley.devon.sch.uk

Signed Under 18's to be signed by parent/guardian