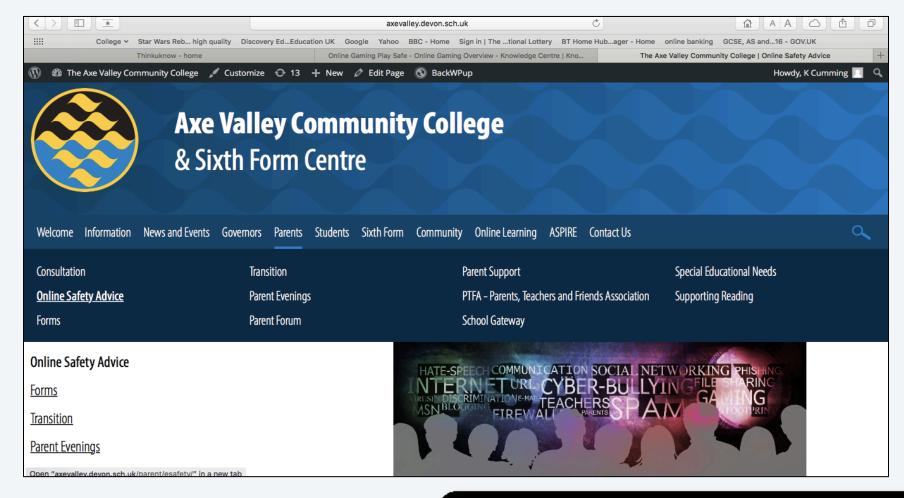


# Online Safety

Parental Briefing 01/03/2016

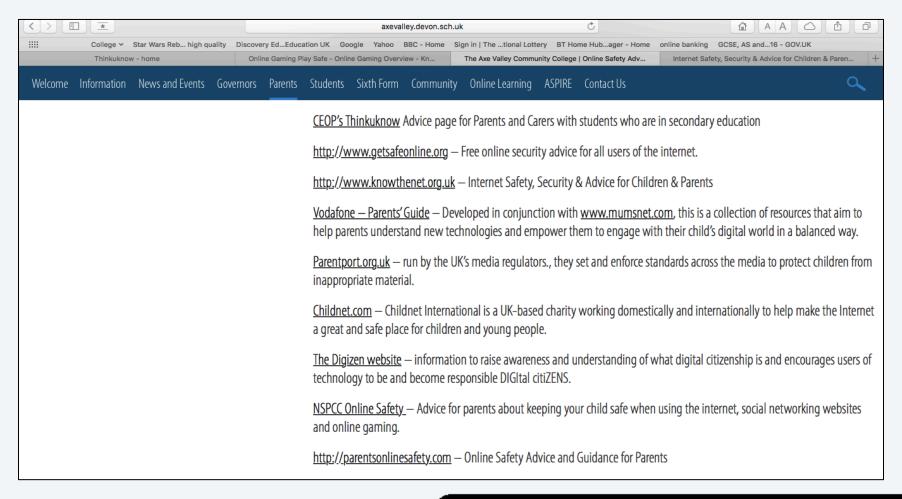


# axevalley.devon.sch.uk



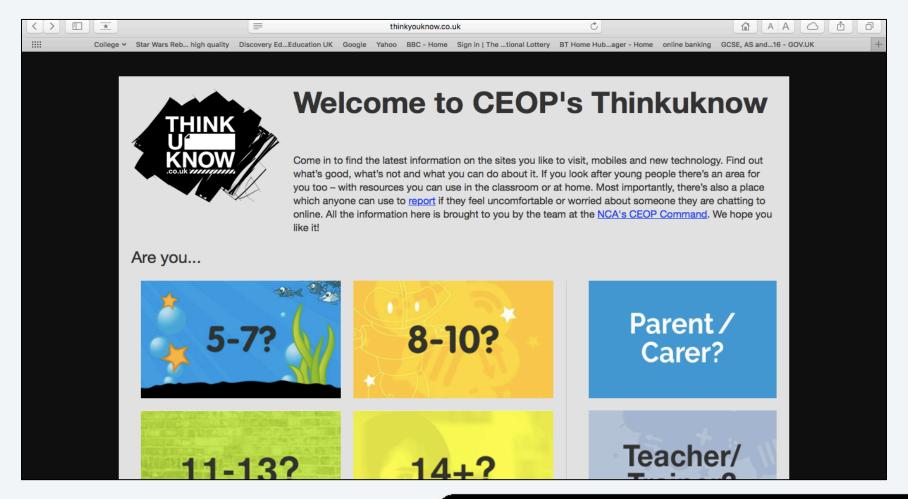


# Links to a range of resources

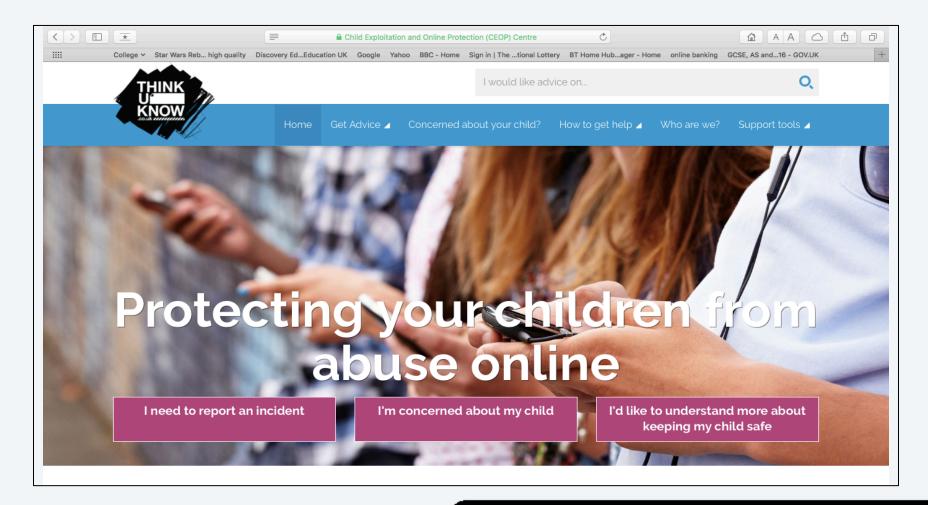




# Thinkyouknow.co.uk







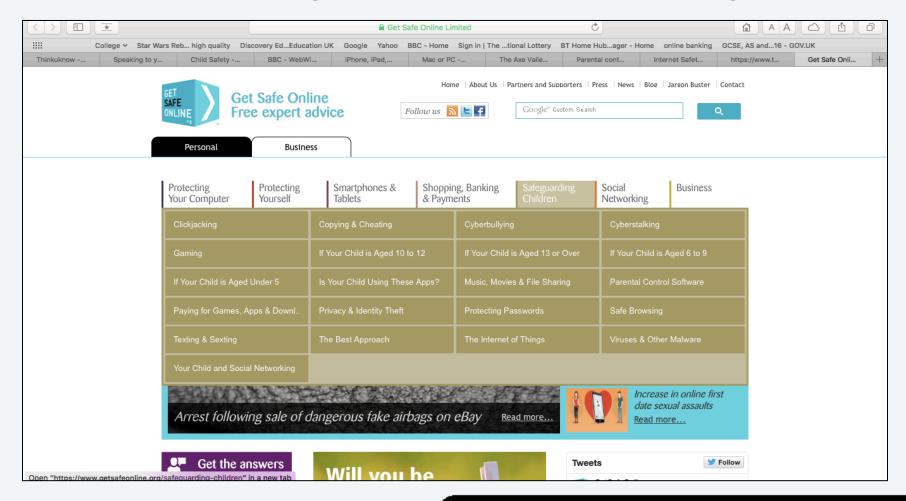


# Knowthenet.org.uk



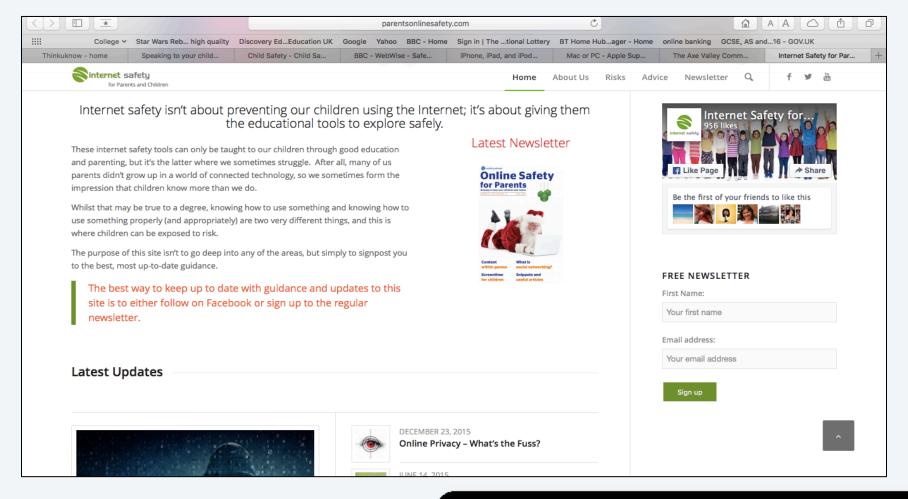


# www.getsafeonline.org





# parentsonlinesafety.com





# Practical steps to protect your children



## Talking with your son/daughter

- Talk to your son/daughter about their online lives so that it becomes a part of everyday conversation.
- That way you'll get a 'flavour' of the norm and be able to notice suspicious variations.
- The details may have changed but all the old rules about being wary of strangers and being careful what you say still applies.



#### House rules

 Establish internet use rules, setting out clearly when, how often and how they are allowed to use social networking sites and online gaming.



#### Get involved

 It's a good idea to set up social media accounts for yourself, as it will help you become familiar with the different security settings and the way the networks themselves work.



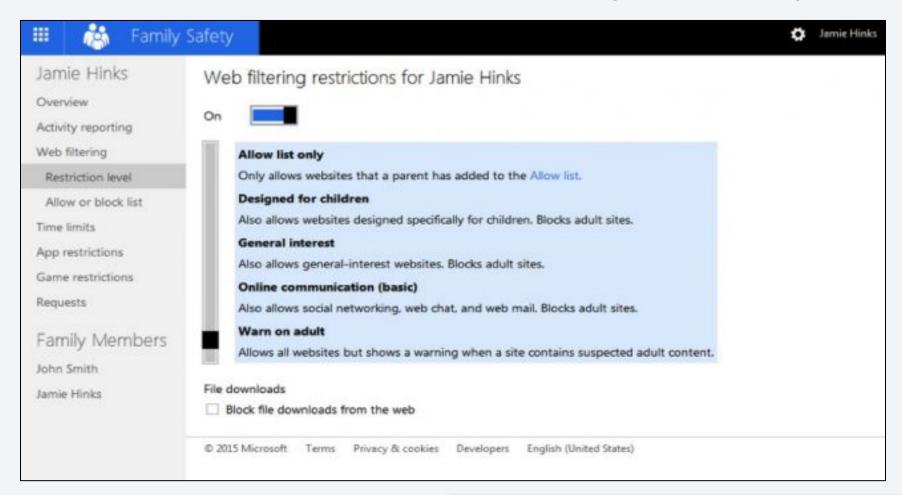
#### Parental controls

 Parental controls are handy, letting you limit the sites and the kind of online content your children can see at operating system level, for example in Windows, and through browsers such as Google Chrome.

 http://www.knowthenet.org.uk/jargon-buster/ parental-controls

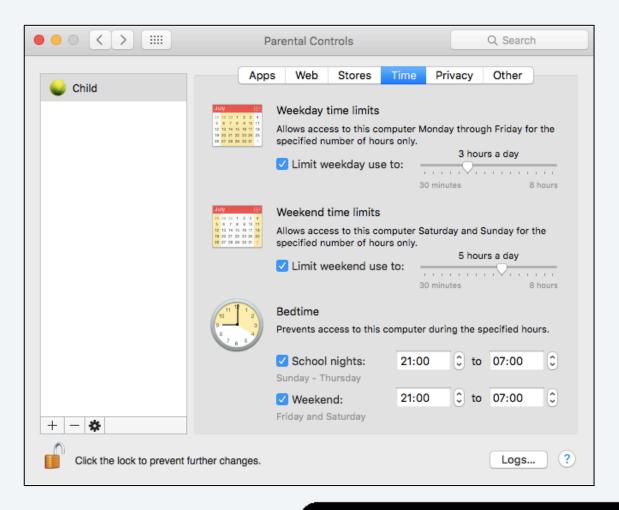


# Windows Live Family Safety



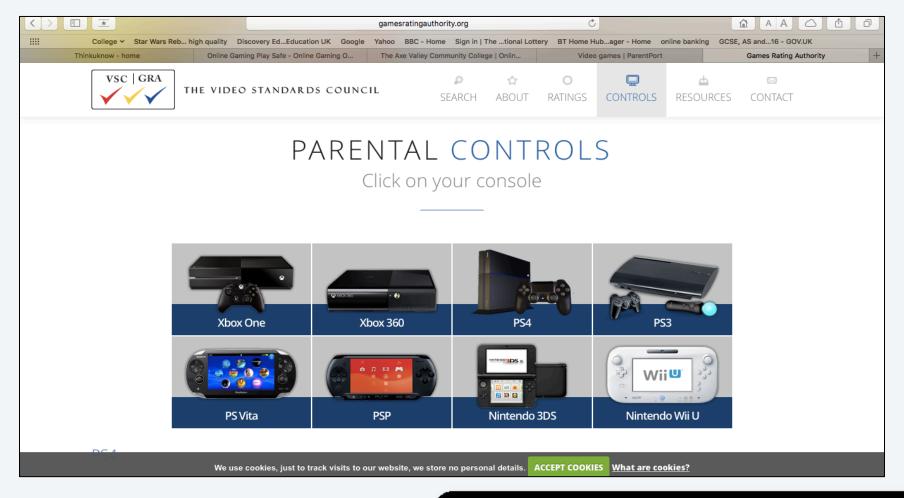


#### Mac OSX Parental Controls





# gamesratingauthority.org/gra/





## Security and privacy settings

 Check the security and privacy settings on all the devices your child has access to, using the internet to find instructions if you don't have the printed ones.



#### Internet Service Provider Controls

- Many internet service providers (ISPs) also provide parental control software - which, like the software you buy, can block offensive content.
- In the UK, customers of the 'big four' ISPs BT, Sky, Virgin Media and TalkTalk - have access to this facility free of charge. New customers are asked whether they want to use it or not.



## Ask an expert

 If you're an internet novice, you could get a computer expert to set everything up safely and securely for you so it's done, then learn how everything works at your leisure.



#### **Nicknames**

- Make sure your children use a nickname or their first name, not their full name, to protect their identity from strangers.
- Don't let them use nicknames that could be taken the wrong way, for example teen sweetie pie.
- Teach them to keep their friends' private information safe, too.



# Move the computer

 It depends on your child, but you might want to move their computer into a family room to keep an eye open in case they run into trouble.



# Use of images

 Take care with photos. Teach your child that images including street signs, registration plates on their parents' cars or their school uniform can put them at risk.

# Watch out for personally identifying information

- Keep an eye open in case your child posts information online that could identify them, especially through public groups such as school Facebook groups.
- As a rule, it's best not to reveal their school, your workplace, their address or phone number, or anything else that can leave them vulnerable to cyberbullying and internet predators.



## Smartphones & unsecured networks

- If your children carry smartphones around with them, can you configure them so they can't access public networks, or only access secured ones?
- If not, make sure both you and they know about the risks of leaving all their personal information open for criminals to steal.



# Summary

The best defences against any of the online risks are openness, awareness and education:

- talking with your son/daughter about their online lives,
- sharing their experiences and learn from them,
- helping them to use technology positively and responsibly, and
- by giving them guidance and support.



## Keep it going.

- Staying safe isn't a one-time thing—technology evolves, and so will the needs of your family.
  Make sure you keep up an ongoing dialogue.
- Re-establish your family's ground rules, check in on everyone's progress, and set aside time to talk at regular intervals.